

PHSE Curriculum Statement

Our principal aim of PSHE is to allow pupils to develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepared for future life. In line with the Education Act 2002 and the Academies Act 2010, we cover the three core themes of PSHE, Health and Well Being, Relationships and Living in the Wider World. We want all our children to become 'lifelong learners' with the confidence and ability to develop their skills and understanding when having new experiences, meeting new challenges and finding themselves in unfamiliar situations. We offer a nurturing learning environment in which each child is encouraged to develop their full potential and where their achievements and successes are celebrated and rewarded. As a school, we believe that children are all individuals and therefore, we aim to encourage mutual respect, responsibility and foster self-esteem in a happy and caring atmosphere.

Implementation

Our children acquire knowledge, understanding and the skills they need to manage their lives now and in their futures. Our teaching develops the qualities and attributes children need to thrive as individuals, family members and members of society and the global community. PHSE is implemented throughout the whole school during weekly whole class lessons focusing on different topics each term and is embedded through all lessons and the whole school day with everyone supporting and encouraging the children they interact with to use the skills they are developing and to make links to other areas of learning.

The aims of PSHE within Fort Federation are to provide children with:

- accurate and relevant knowledge
- opportunities to create personal understanding
- opportunities to explore and challenge a range of values, attitudes, beliefs, rights and responsibilities
- a range of skills and strategies to live a healthy, safe, fulfilling, responsible and balanced life

Our PHSE curriculum deals with the diverse beliefs, values and attitudes that individuals and societies hold. It helps pupils to develop themselves, their understanding of the world, and their ability to communicate their feelings. Our children also acquire an understanding and experiences of British values that are necessary if they are to make sense of their experiences, value themselves, respect other, appreciate differences and feel confident and informed as a British citizen. The children are encouraged to support the community through spreading words of kindness, singing for the local pensioners and raising money for charity.

Impact

We seek to ensure that the PSHE that we teach, improves the physical and social well-being of pupils. Through our PSHE education, we believe we can enhance children's education and help them to become caring, respectful, aspirational and confident individuals. Providing a consistent and regular delivery allows us to fulfil this.

PSHE in the Early Years: PSHE sits within the areas of personal, social and emotional development and understanding of the world. From an early age, our children learn to develop respectful communication and they are aware of the feelings and wishes of others. From Pre-School age, the children participate in weekly social circle time. The continuous provision is planned to provide the

children with the opportunity to further develop the skills that they have learnt and then to use them independently. The youngest learners in the school are exposed too and participate in upholding our British Values. The children are encouraged to listen, be kind to each other and share with others.